



BULLHEAD CITY • ARIZONA
**SENIOR
ENRICHMENT
CENTER**

HELPING SENIORS THRIVE IN OUR COMMUNITY

SEPT' 26 NEWSLETTER VOLUME 05 ISSUE 06

SCAN FOR
EVENT CALENDAR



SCAN TO FOLLOW
US ON FACEBOOK



More Convenient Access to Imaging Services

Western Arizona Regional Medical Center now offers weekend appointments for CT, ultrasound, ECHO and MRI services at its main location. With expanded weekend access, patients can prioritize health without having to rearrange work, school or family commitments.

Imaging Services Close to Home:

- ▶ CT
- ▶ DEXA Scan
- ▶ General X-ray
- ▶ 3D Mammography
- ▶ MRI
- ▶ Nuclear Medicine
- ▶ Ultrasound
- ▶ Echocardiography
- ▶ Fluoroscopy

To schedule an imaging appointment, including a weekend CT, ultrasound, ECHO and MRI appointment, call **928-704-8889**. Walk-in X-ray services are available Monday through Friday from 8 a.m. to 4 p.m. A provider's order may be required before scheduling certain imaging services.



WARMC.com



MONTHLY root beer FLOATS

Mon, Sept. 28 Noon - 1pm

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**LOCAL
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TRUSTED**
*Serving our community for
over 14 years!*



928-600-2628 TTY-711

Shirley Martinez
Insurance Agent/Broker
Licence 8695764

SENIOR ENRICHMENT CENTER 2275 TRANE ROAD, BULLHEAD CITY



The Bullhead City Senior Enrichment Center provides an integrated system of services, resources, and opportunities to help people improve their lives through recreational, social services and health and wellness services. The Senior Enrichment Center offers a variety of activities and programs for seniors ages 50+. The programs are specially designed to allow every adult of any activity level to participate in a safe and inviting environment. The Center offers more than 50 weekly activities designed to support independence, promote lifelong learning and sustain a healthy and engaged lifestyle.

Senior Enrichment Center is also home to the Bullhead City Nutrition Center. The Nutrition Center provides meals for individuals 50+. Meal options include a continental breakfast and lunch. Continental breakfast is served Monday through Friday from 8:30 a.m. to 10:30 a.m. for \$3, or \$1 for coffee only. Lunch is available Monday-Friday from 11:30 a.m. to 12:30 p.m. A suggested donation of \$3 is requested for each meal for individuals 60+ or disabled with a statement of need from a physician. Individuals 50+ can get lunch for \$5.

If you are unable to attend in person, they also offer a home delivery meal program through Meals on Wheels-Bullhead City, AZ. Interested in learning more or signing up. Call 1-(800)782-1886 and leave a message with your name, phone number and interest in Meals on Wheels in Bullhead City, to start the qualification process.

Bullhead City Senior Enrichment Center also offers a transportation service to those in need. Whether you need a ride to the Senior Enrichment Center, medical appointments, or to run errands. Call (928) 704-2287 to set up your \$2 round trip rides.

Senior Enrichment Center
2275 Trane Road
Bullhead City, AZ 86442
Monday and Friday
8:00 a.m. to 4:00 p.m.
Tuesday-Thursday
8:00 a.m. to 6:00 p.m.
For more information call
(928) 763-0193
Follow us on Facebook!



Jeff Tipton

Human Services Director
 (928) 763-9400 ext. 8157
jtipton@bullheadcityaz.gov

Kim Cool

Senior Services Program Manager
 (928) 763-0193
kcool@bullheadcityaz.gov

John Kearns

Senior Enrichment Nutrition Coor.
 (928) 763-0193
jkearns@bullheadcityaz.gov

Jenny Oliverio

Senior Enrichment Activity Coor.
 (928) 763-0193
joliverio@bullheadcityaz.gov

Jackie Jensen

Director of Marketing,
 Sponsorships & Tourism
 (928) 763-9400 ext. 8246
jjensen@bullheadcityaz.gov

Shauna Cates

Sponsorship Coordinator
 (928) 763-9400 ext. 8358
scates@bullheadcityaz.gov



MONTHLY MENU

SEPTEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Ham w/ Pineapple Yams Mixed Veggies	2 Chicken Nuggets Mashed Potatoes Mixed Veggies	3 Pulled BBQ Pork Baked Beans Cobbler	4 Chicken Alfredo w/Peas & Carrots Pasta Pears
7 CLOSED HAPPY LABOR DAY	8 BBQ Chicken Thigh Potato Wedges Green Beans	9 Salisbury Steak w/ Gravy Mashed Potatoes Green Beans	10 Chicken Fajitas w/ Peppers and Onions Spanish Rice Refried Beans	11 Spaghetti & Meatballs Mixed Veggies Roll
14 Salisbury Steak w/ Gravy Mashed Potatoes Green Beans	15 Cobb Salad Roll Dressing	16 Vegetable Lasagna Dinner Roll Broccoli	17 Sweet & Sour Chicken W/Rice Mixed Veggies Roll	18 Chicken Enchilada Fiesta Veggies Rice
21 Meatloaf w/ Gravy Mac & Cheese Veggies	22 Denver Omelet Breakfast Potatoes Pork Sausage	23 Chicken Nuggets Mashed Potatoes Mixed Veggies	24 Sweet & Sour Meatballs Pasta & Carrots	25 Beef Lasagna Dinner Roll Broccoli
28 Pulled BBQ Pork Baked Beans Cobbler	29 Chicken Cordon Bleu Potato Wedges Mixed Veggies	30 Seasoned Chicken w/ Gravy Mashed Potatoes Carrots		

1% milk and fruit are included with each meal. A donation of \$3.00 is requested for each meal.

Meals are prepared by WARMC. Meal costs partially funded by: WACOG & United Healthcare.



Menu is subject to change. Senior Nutrition Center is located at 2275 Trane Rd, Bullhead City.
Congregate lunch is served Monday through Friday 11:30 am - 12:30 am to those 60+ or with a disability. Meals on Wheels clients: please call the nutrition center when you will not be home for your meal delivery (928) 763-0193.



SILVER CREEK

Leisure Living - Assisted Living

A great place to call home...



**Beautiful
Common
Areas**

**Studio &
1 Bedroom
Units**



**Restaurant
Style Dining**

- Nurse and Medical Supervision
- State-Certified Caregivers Available 24/7
- Restaurant-Style Dining
Three Daily Meals & Snacks
- Transportation
Local Doctors & Shopping
- Studio & 1-Bedroom Units
- Beautifully Decorated Common Areas
- Landscaped Outdoor Areas Walking Paths
- Housekeeping & Linen Services
- Emergency Call System
- ALTCS Accepted

1670 Highway 95
Bullhead City, AZ 86442

928-704-7000

silvercreekll@frontiernet.net
www.silvercreekassistedliving.com

Angel's ESSENTIAL ROOM



Donations by Seniors for Seniors

Durable medical equipment
received by donation
and donated to seniors in need.

Open Monday - Friday
10 a.m. to 1 p.m.
or by appointment
(928) 763-0193

**Senior Enrichment Center
2275 Trane Rd.
Bullhead City, Arizona**

LIVE MUSIC & MORE



NOW APPEARING:
KARAOKE
WITH
SUPERMAN

WED. SEPT. 23
1:30 PM - 2:30 PM
IN THE GAME ROOM

SENIOR ENRICHMENT CENTER
2275 TRANE ROAD

SPONSORED BY



US SOUTHWEST
REAL ESTATE

Lois Briesemeister
Branch Manager / Associate Broker
US Southwest, LLC
Buying or Selling, Give me a Call

Phone: 928-201-0267 Email: lois@ussw.net

HAPPY HOUR



Delicious
**MOCK
TAILS**

Wed, September 9
12:30 pm to 1:30 pm
Mock-tails,
with Fun & Games
in the Great Room

Senior Enrichment Center
Happy Hour is sponsored by



Shirley Martinez
Insurance Agent/Broker
License 9695764

928-600-2628 TTY-711



Tree Sales Now Through October 1 or while supplies last

Member Service Office
928 Hancock Road
Bullhead City, AZ 86442

Monday - Thursday
7:00am - 5:30pm
928-763-1100

**OPERATION
COOL SHADE**

\$9.00 EACH
UP TO 8 TREES PER MEMBER

MEC is an equal opportunity provider & employer



Join us on
Wednesday,
September 23, 2026
at Noon.
Have Fun &
WIN PRIZES!

Sponsored by



Bullhead Senior Enrichment Center
2275 Trane Rd. Bullhead City, Arizona

FALL EVENINGS WORD SEARCH



Find the words hidden vertically, horizontally, diagonally, and backwards.

ACORN
AMBER
AUTUMN
BONFIRE
BREEZE
CHILLY
CIDER
CINNAMON
COZY
CRISP
EQUINOX
FLANNEL

FOLIAGE
FROSTY
GOLDEN
HARVEST
HAYRIDE
LEAVES
NUTMEG
PUMPKIN
SCARLET
SWEATER
TWILIGHT
VIBRANT



CHILI COOKOFF

★ *Meals on Wheels Fundraiser* ★

FRIDAY, SEPTEMBER 18

11:30 AM – 2:00 PM



ENTRIES MUST BE PREPARED
IN A 6- TO 8-QUART CROCKPOT.



ENTRY FEE FOR CHILI
COOK: **\$5.00**



TASTING FEE FOR
GUESTS: **\$5.00**

★ **GREAT PRIZES!** ★

1ST, 2ND AND 3RD
PLACE TROPHIES

≡ **GIFT CARDS** ≡

Bragging rights as the
Senior Enrichment Center's
Best Chili Maker!



*Enjoy Mocktail Drinks
and Homemade Cornbread!*



meals on wheels
BULLHEAD CITY, AZ



*Great chili.
Great community.
Great cause!*

Welcome

Valley View Medical Center is pleased to welcome two orthopedic surgeons to our community.



**David
VanDeWyngaerde,
MD**



**Albert
Pearsall,
MD**

Specializing in:

- Sports medicine
- Knee replacement
- Pediatric orthopedics
- Fracture care
- Hip replacement
- Knee reconstruction
- Rotator cuff disorders

Valley View Orthopedics

5300 S. Hwy. 95, Suite C, Fort Mohave, AZ 86426



Online scheduling
available. Scan here.



Now accepting new patients. Appointments may be made by calling 928.788.7920.

ValleyViewMedicalCenter.net



Sponsored by:  **LEGACY**
FOUNDATION

Join us for
**Diamond Art
Creations Workshop**
Monday, September 14
12:30pm - 2:30pm
Senior Enrichment Center's
Craft Room

MONTHLY WHITE ELEPHANT

BINGO



Friday, Sept 11
12:30 p.m. - 1:30 p.m.

SENIOR ENRICHMENT CENTER
2275 TRANE RD. BULLHEAD CITY

SPONSORED BY



Jackie Frazier
Licensed Insurance Agent
jfrazier7031@gmail.com
702-219-4217



MOVIE MATINEE

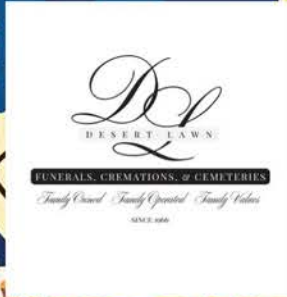
SEPTEMBER 17 • 2PM - 4:30PM

HOW TO TRAIN YOUR DRAGON

SENIOR ENRICHMENT CENTER
2275 TRANE RD, BULLHEAD CITY



SPONSORED BY



DESERET LAWN
FUNERALS, CREMATIONS, & CEMETERIES
Family Owned Family Operated Family Values
SINCE 1966

THIS MONTH AT THE



Where
Connections
Enrich
Lives!
♥

Senior Enrichment Center

♥ *Connect. Learn. Thrive. Together.* ♥



Neighborhood News & Networking

this month!



SEPT 22, 2026



**10:00 AM –
11:00 AM**



*Stronger together.
Better together.*

This month: **Surviving Spouse
Tax Traps**, an informative session
designed to help surviving spouses
understand common tax pitfalls and
protect their financial future.



KIM COOL

Senior Services
Program Manager
Bullhead City



This month's topic:

Surviving Spouse Tax Traps



928-763-0193



2275 Trane Road
Bullhead City, Arizona



Senior Enrichment Center

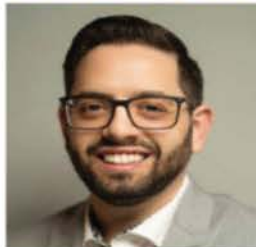
Connect. Learn. Thrive. Together.



**THURSDAY
SEPT 17**
12:30 P.M. - 1:30 P.M.

**INSIDE
BULLHEAD CITY'S
SENIOR ENRICHMENT CENTER
2275 TRANE RD**

KARO TNGRIAN



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Part D • Dental & Vision • Critical Care

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LEGACY REHAB & CARE CENTER

MONTHLY MIXER

JOIN US AT
SENIOR ENRICHMENT CENTER

LET'S MIX & MINGLE!

Tuesday, September 22
12:30 pm - 1:30 pm

AUTUMN IMPRESSIONS

PAINT, SIP & SAVOR

Create a beautiful leaf-stamped artwork inspired by autumn, enjoy delicious appetizers, refreshing mocktails, and great conversation with friends.

No artistic experience is needed, just bring your creativity and enjoy a fun, festive afternoon!

SPONSORED BY

THE
LEGACY
REHAB & CARE CENTER

SENIOR ENRICHMENT CENTER
2275 TRANE RD, BULLHEAD CITY, AZ

PROTECTHEALTH PRESENTS

MEDICARE 101 SNACKS & FACTS

A NO COST Informative & Educational Event

**Thursday,
October 8th, 2026**

11:00 a.m.

**Located inside
Bullhead City's
Senior Enrichment Center
2275 Trane Road,
Bullhead City, Arizona.**



Jackie Frazier

Licensed Insurance Agent

✉ jfrazier7031@gmail.com

☎ 702-219-4217



ProtectHealth
A Company of B&C Agency, LLC.

**No advance sign-ups required.
We've saved a spot just for you!
Bring a friend, spouse or
loved one to learn about
Medicare basics.**

For accommodation of persons with special needs at meetings call 888-333-7808 TTY711.
Not affiliated with or endorsed by the U.S. Government or the Federal Medicare program.



Over 80 Vendors • Food Trucks • Live Music

Presented By



Saturday
Oct 3
9:00am-1:00pm

Meet us at
**The Haunted
Harvest Market**

Community Park, 1251 Hwy 95, Bullhead City



- Spooky selfie station
 - Mini pumpkin painting station
 - Face painting
 - Bounce houses
- Family-friendly costumes encouraged

Questions? Contact Jess Nunnally
Farmers Market Manager
(928)763-0158

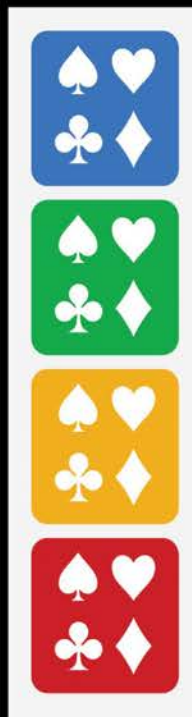




Join us for
**FREE Weekly
Bingo game**
Every Monday
10 a.m. - 11:00 a.m.

**SENIOR ENRICHMENT
CENTER**
2275 TRANE ROAD
BULLHEAD CITY

SPONSORED BY



GAME sponsor



- Pinochle
- Sweep Card
- Poker
- Hand and Foot
- Mexican Train
- Mahjong Tiles
- Hit the Bulls Eye
- Cue Masters Club
- Left, Right, Center
- & More!

We welcome new players and new games! If you're interested in joining, or even starting a card group, we'd love to help make it happen. Come by for a personal tour and see our card rooms in action.

Great workouts on days when a trip to the gym isn't feasible

The right workout routine can make a world of difference in a person's life. When people like their fitness regimens, they're more likely to commit to routine exercise, which can help reduce their risk for chronic diseases, make them less vulnerable to injury and improve their mental health.

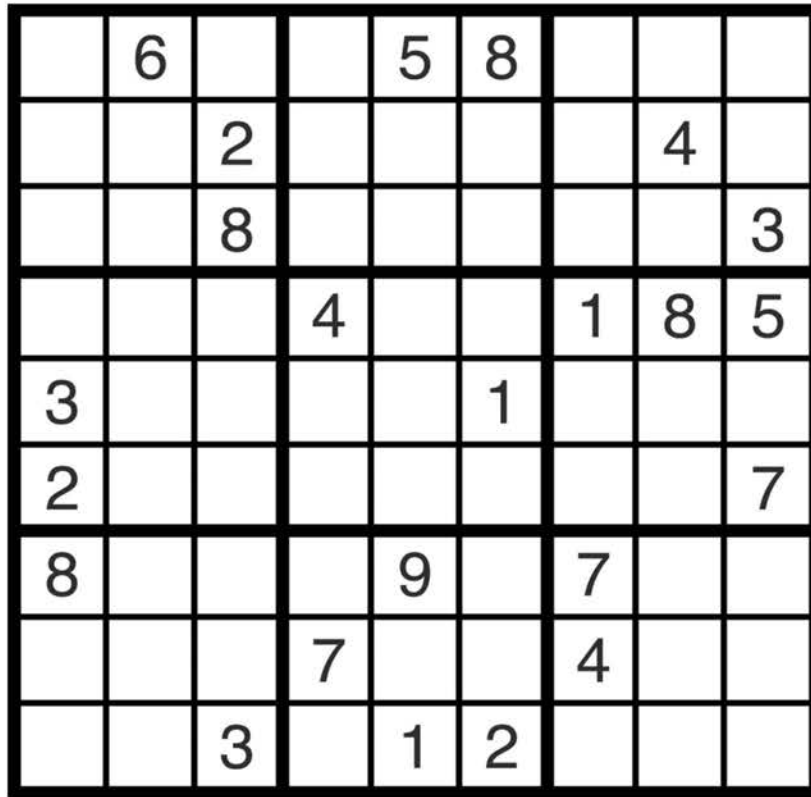
No two people are the same, so a workout regimen that's enjoyable and effective for one person will not necessarily appeal to another individual. Some people have no qualms about exercising in a gym, where strength-training machines and cardiovascular equipment facilitate full-body workouts that promote healthy minds and bodies. But others find gyms intimidating or can't fit daily gym excursions into their schedules. Others may find working out in the same facility each day a little boring. That's why it can be beneficial to find alternative means to exercising on those days when a trip to the gym isn't feasible or appealing.



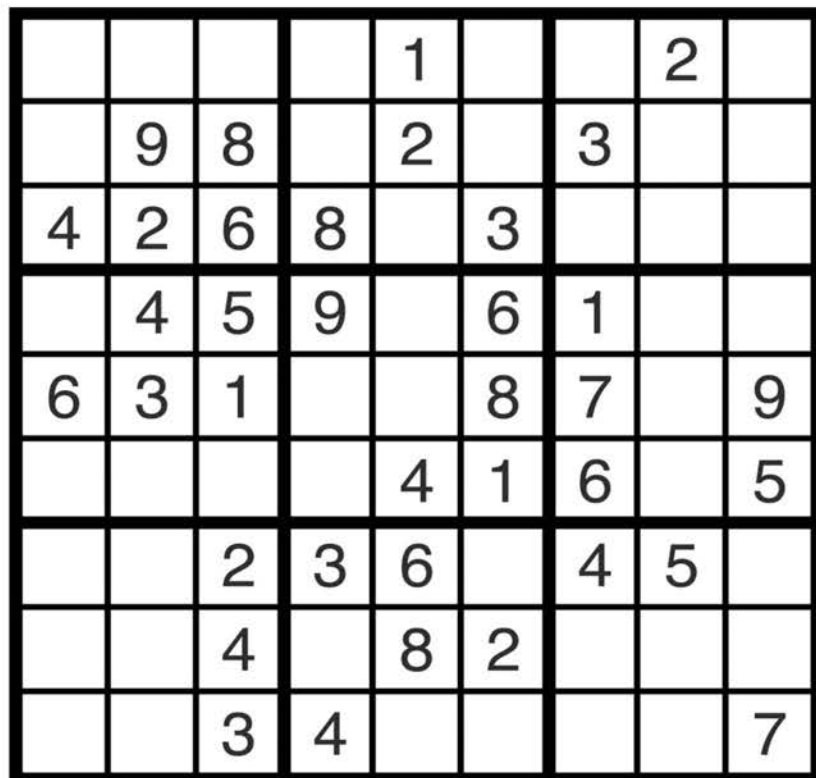
Take to the trails. The great outdoors can be a gym unto itself. Various outdoor activities can build strength and promote cardiovascular health. Hiking is one such activity. According to Harvard Medical School, the uneven terrain hikers encounter on trails requires more energy to traverse, which in turn burns more calories than walking on level surfaces.

Commit to interval training. Interval training has long been recommended to busy adults with hectic schedules. Interval training is exercise that involves periodic short bursts of intense physical activity followed by periods of rest or low-intensity activity. Interval training sessions tend to be shorter than moderate-intensity continuous training (MICT), but the periodic bursts of intense physical activity make interval training sessions highly effective workouts. In fact, a 2021 study published in the International Journal of Environmental Research and Public Health found that interval training provides similar health and performance benefits as MICT. Challenging hikes can mimic the effects of interval training, as can additional activities such as jumping rope, cycling and swimming that do not necessarily need to be performed at a gym.

Embrace your inner yogi. Yoga is another physical activity tailor-made for busy adults who don't have time to get to the gym each day. The characterization of yoga as a niche activity is no longer applicable, as participation among males in the United States alone grew from four million in 2012 to 14 million in 2022, according to Yogkulam.org. Though global participation figures are hard to determine, market projections estimating the valuation of the yoga industry at \$215 billion in 2025 are a testament to the popularity of this activity, which Johns Hopkins Medicine credits with improving strength, balance and flexibility. Yoga also has become increasingly accessible since the pandemic, as Yogkulam.org notes 40 percent of yoga practitioners prefer virtual classes available through platforms such as YouTube that can be streamed from the comforts of home.



Level: Intermediate



Level: Beginner



BULLHEAD CITY'S SENIOR ENRICHMENT CENTER

2275 TRANE RD, BULLHEAD CITY, AZ 86442 (928) 763-0193

FOR SENIORS 50+ SOME ACTIVITIES REQUIRE ADVANCE REGISTRATION.

SEPTEMBER

WEEKLY ACTIVITIES

EVERY

MONDAY

9:00 a.m. to 9:45 a.m.
10:00 a.m. to 11:30 a.m.

Body Moves for Brain Power/Exercise Room
Free Bingo w/Prizes/Great Room

Sponsored by Family Care Home Health & Hospice

12:30 p.m. to 3:30 p.m.

Mexican Train/Game Room

Sponsored by: VooDoo Cove

12:30 p.m. to 3:30 p.m.

Poker/Game Room

Sponsored by: VooDoo Cove

12:30 p.m. to 3:30 p.m.

Pinochle/Great Room

Sponsored by: VooDoo Cove

1:30 p.m. to 2:30p.m.

Beginner Line Dancing/Nutrition Center

EVERY

TUESDAY

9:00 a.m. to Noon
9:00 a.m. to 9:30 a.m.
9:30 a.m. to 10:30 a.m.
10:00 a.m. to 10:30 a.m.
12:30 p.m. to 3:30 p.m.

Beading Circle/Craft Room
Chair Zumba Class/Exercise Room
BAND-O-CIZE/Exercise Room
Chair Zumba Class/Exercise Room
Poker Game/Game Room

Sponsored by: VooDoo Cove

12:30 p.m. to 4:00 p.m.

Hand & Foot Card Game/Game Room

Sponsored by: VooDoo Cove

1:00 pm to 3:00 p.m.

Tech Assistance/Pam Beaushay/Library

3:00 p.m. to 4:00 p.m.

Line Dancing /Nutrition Center

3:00 p.m. to 5:00 p.m.

Veterans Support /Nutrition Center

3:45 p.m. to 4:15 p.m.

Tai Chi Class/Exercise Room



**HALF OFF TWO
MONTHS OF SERVICE****
Savings Starting at \$80**



TWN INTERNET BUILT FOR **OUR** COMMUNITY

LOCAL PEOPLE.
RELIABLE SERVICE.
CONNECTIONS YOU CAN COUNT ON.

PLANS STARTING AT \$49.95*

Ask about our Mohave Electric Member Discounts*



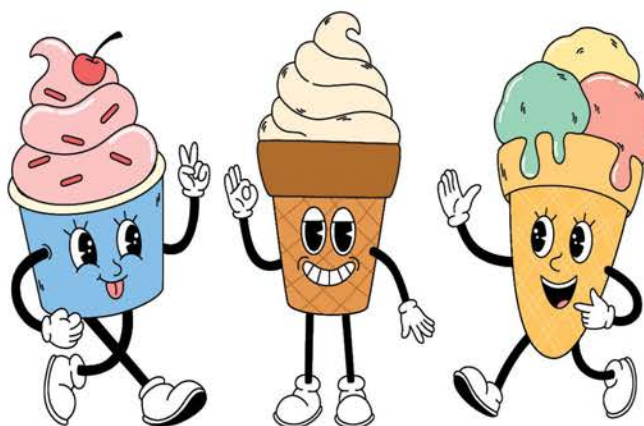
CONNECT TODAY!

888.227.2095 | twncomm.com/mohave

*Services provided by TWN Communications. Not available in all areas. Restrictions, terms and conditions apply. Taxes, regulatory, surcharges and other charges are applicable. Rates are subject to change. Call for details or visit twncomm.com/terms-conditions for additional information and terms and conditions of services. Residential customers on qualifying internet plans will receive download speeds up to 2.0 Gbps, per respective plan. A 30-day notice is required to cancel service. †Promotional discounts applicable to fiber residential internet service only. Up to \$12 max savings. \$5 MEC member discount may be combined with \$2 autopay discount, and only one additional \$5 discount, either \$5 active military or \$5 senior discount. Active military and senior discounts may not be stacked together. Proof of eligibility required. Only one autopay discount applicable per customer. **Offers available on new residential internet service only. Receive half off the two full months of service with a 700 Mbps plan or greater. Credits apply to the 2nd and 3rd month of service. Offers expire October 31, 2026. MEC Currents Q32026.pdf

ICE CREAM SOCIAL

JOIN US FOR A SWEET TREAT!



SEPT 3RD NOON-12:30PM

SEPT 24TH NOON-1PM

SPONSORED BY



**SENIOR ENRICHMENT CENTER
2275 TRANE ROAD BULLHEAD CITY, AZ**

SENIOR
ENRICHMENT
CENTER 



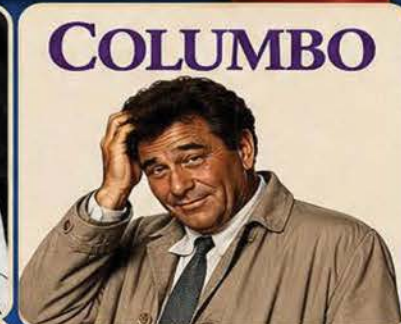
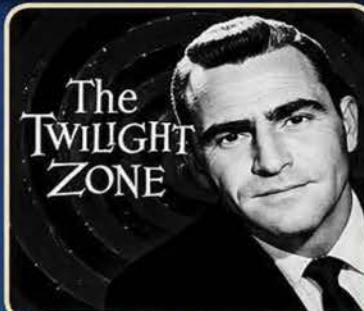
MEALS **on** WHEELS
BULLHEAD CITY, AZ
www.MealsOnWheelsBullhead.org



Join us on the 1st and
3rd Tuesday of each month
from **2:00 PM – 4:00 PM**
for two hours of
classic television favorites.



Enjoy timeless shows like
The Twilight Zone, Columbo,
Sanford and Son, Dynasty, and
other beloved TV classics while
relaxing with friends in a cool,
comfortable setting.



ALL PROCEEDS FROM SMALL SOFT DRINK SALES
SUPPORT OUR MEALS **on** WHEELS PROGRAM!

 MEALS **on** WHEELS
PROGRAM

★ ★ Come laugh, reminisce, and enjoy an afternoon of nostalgia. ★ ★

Bring a friend and relive the golden days of television—
one classic episode at a time!

EVERY

WEDNESDAY

8:00 a.m. to 4:00 p.m.
9:30 a.m. to 10:30 a.m.

10:00 a.m. to 11:00 a.m.
10:00 a.m. to Noon
12:30 p.m. to 1:30 p.m.

1:00 p.m. to 2:00 p.m.
1:30 p.m. to 3:30 p.m.

7:00 p.m. to 8:00 p.m.

Veterans Benefit Councilor/Nutrition Center
Brain Savers Exercise/Exercise Room
Provided by: Meals on Wheels Board
Wii Bowling/Great Room
Sewing Circle/Craft Room
Hit the Bullseye/Electronic Darts/Game Room
Sponsored by: VooDoo Cove
Bereavement Support Group/Craft Room
Cue Masters Womens Club & Lessons/Game Rm
Sponsored by: VooDoo Cove
Gamblers Anonymous Meeting/Nutrition Center

EVERY

THURSDAY

9:00 a.m. to 9:45 a.m.
9:30 a.m. to Noon

10:00 a.m. to 10:30 a.m.
11:00 a.m. to 4:00 p.m.

Noon to 3:00 p.m.
12:30 p.m. to 3:30 p.m.

1:30 p.m. to 4:30 p.m.

5:30 p.m. to 9:30 p.m.

Chair Yoga Better Health /Exercise Room
Morning Poker/Game Room
Sponsored by: VooDoo Cove
BAND-O-CIZE/Exercise Room
Bull Dog Pool League/Game Room
Sponsored by: VooDoo Cove
Knit & Crochet Group/Craft Room
Mahjong Tile Game/Game Room
Sponsored by: VooDoo Cove
Double Deck Pinochle/Nutrition Center
Sponsored by: VooDoo Cove
Pass the Trash Game & Potluck
Located in the old Senior Center, 2285 Trane Rd

EVERY

FRIDAY

9:30 a.m. to 10:30 a.m.

10:00 a.m. to 11:30 a.m.

10:00 a.m. to 11:00 a.m.

12:30 p.m. to 3:30 p.m.
12:30 p.m. to 3:30 p.m.
12:30 p.m. to 3:30 p.m.

1:00 p.m. to 3:00 p.m.
2:00 p.m. to 2:30 p.m.

Brain Savers Exercise/Exercise Room
Provided by: Meals on Wheels Board
Friday Fun Crafts/Craft Room
Sponsored by: Da Kine Connection
Shuffleboard Friday/Game Room
Sponsored by: VooDoo Cove
Mexican Train/Game Room
Sponsored by: VooDoo Cove
Pinochle/Nutrition Center
Sponsored by: VooDoo Cove
Poker/Game Room
Sponsored by: VooDoo Cove
Tech Support/Dana Larkin/Library
Tone & Sweat Richard Simmons/Exercise Room



SPECIAL EVENTS & ACTIVITIES

Tuesday, September 1

10:00 a.m. to Noon	Ping Pong/Great Room
12:30 p.m. to 2:30 p.m.	Art Therapy/Fall Card Making/Craft Room
2:00 p.m. to 4:00 p.m.	Good Old Days Classic TV/Great Room

Wednesday, September 2

11:00 a.m. to Noon	Legal Services/State of Arizona/Conference Room
12:30 p.m. to 2:00 p.m.	Genealogy Club/Library
12:30 p.m. to 3:30 p.m.	Bunco Game Day/Great Room

Thursday, September 3

12:00 p.m. to 4:00 p.m.	Monthly Texas Hold'em Poker Tournament/Limit 30/Great Room
12:30 p.m. to 1:00 p.m.	Ice Cream Social/Nutrition Center Sponsored by Culver's of Bullhead City
1:00 p.m. to 3:00 p.m.	Tech Assistance w/Pam Beaushay/Library

Friday, September 4

11:30 a.m. to 1:00 p.m.	National Senior Center Month Celebration/Great Room Sponsored by TWN Communications
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Monday, September 7

Closed for Labor Day

Tuesday, September 8

10:00 a.m. to Noon	Ping Pong/Great Room
12:30 p.m. to 2:30 p.m.	Jewelry Making/Desert Sky Tassel Earrings/Craft Room
1:00 p.m. to 2:00 p.m.	Sound Bowl Breathing Healing Body & Soul/Exercise Room
1:00 p.m. to 3:00 p.m.	Tech Assistance w/Pam Beaushay/Library

Wednesday, September 9

10:00 a.m. to 11:00 a.m.	Grab Bag Bingo/Great Room Sponsored by Serenity Home Health and Hospice
12:30 p.m. to 1:30 p.m.	Happy Hour/Great Room Sponsored by WellCare
12:30 p.m. to 3:30 p.m.	Sweep Card Game/Great Room Sponsored by VooDoo Cove

Thursday, September 10

11:00 a.m. to Noon	Brain Games/Televeda/Game Room
12:30 p.m. to 1:30 p.m.	Left, Right & Center Card Game/Game Room Sponsored by VooDoo Cove
1:00 p.m. to 3:00 p.m.	Tech Assistance w/Pam Beaushay/Library

Friday, September 11

12:30 p.m. to 1:30 p.m.	White Elephant Bingo/Great Room Sponsored by ProtectHealth
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Monday, September 14

12:30 p.m. to 2:30 p.m.	Diamond Painting/Bling Paper Towel Stand/Craft Room Sponsored by: BHHS Legacy Foundation
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SPECIAL EVENTS & ACTIVITIES

Tuesday, September 15

10:00 a.m. to Noon	National Fall Prevention Month/Great Room
10:00 a.m. to Noon	Ping Pong Tournament/Patio
12:30 p.m. to 1:00 p.m.	Monthly Birthday Celebration/Great Room Currently Seeking a Sponsor!
12:30 p.m. to 2:30 p.m.	Art Therapy/Autumn Dot Delight/Craft Room
2:00 p.m. to 4:00 p.m.	Good Old Days of Classic TV/Great Room
6:00 p.m. to 9:00 p.m.	Late Night Ladies Bunco/Nutrition Center

Wednesday, September 16

11:00 a.m. to Noon	Legal Services/State of Arizona/Conference Room
12:30 p.m. to 2:00 p.m.	Genealogy Club/Library
12:30 p.m. to 3:30 p.m.	Bunco Game Day/Great Room

Thursday, September 17

10:00 a.m. to 11:00 a.m.	Rock Painting/Craft Room Provided by Colorado River Womens Council
12:30 p.m. to 1:30 p.m.	Monthly Bingo Game/Great Room Sponsored by TNG Insurance
2:00 p.m. to 4:30 p.m.	Monthly Movie Matinee/How To Train Your Dragon/Great Room Sponsored by Desert Lawn Funerals, Cremations & Cemeteries

Friday, September 18

11:30 a.m. to 2:00 p.m.	Chili Cook-off Fundraiser/ Meals on Wheels/ Great Room
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Monday, September 21

12:00 p.m. to 12:30 p.m.	World Alzheimer's Day/Great Room
2:30 p.m. to 3:30 p.m.	Drum Circle/Exercise Room

Tuesday, September 22

10:00 a.m. to 11:00 a.m.	Neighborly News & Networking/Great Room
12:30 p.m. to 1:30 p.m.	Monthly Mixer/Great Room Sponsored by Legacy Rehab & Care Center
12:30 p.m. to 2:30 p.m.	Art Therapy/Fall Pine Cone Wreath/Craft Room

Wednesday, September 23

12:00 p.m. to 1:00 p.m.	Monthly Trivia Event/Great Room Sponsored by Dot Foods
12:30 p.m. to 3:30 p.m.	Sweep Card Game/Great Room Sponsored by VooDoo Cove
1:30 p.m. to 2:30 p.m.	Karaoke/Game Room Sponsored by Lois Briesemeister, US Southwest Realty

SPECIAL EVENTS & ACTIVITIES

Thursday, September 24

9:30 a.m. to 1:00 p.m. NAU In-Service Training/ Conference Room
11:00 a.m. to 12:00 p.m. Beyond Walls Bingo/Televeda/Great Room
12:00 p.m. to 1:00 p.m. Ice Cream Social/Great Room
Sponsored by Culver's
12:30 p.m. to 1:30 p.m. Left, Right, Center Dice Game/Game Room
Sponsored by VooDoo Cove
3:30 p.m. to 5:30 p.m. Virtual Dementia Tour/Conference Room

Monday, September 28

12:00 p.m. to 1:00 p.m. Root Beer Floats/Great Room
Sponsored by: Mohave Medicare Plans

Tuesday, September 29

10:00 a.m. to Noon Ping Pong Tournament/Great Room
12:30 p.m. to 2:30 p.m. Art Therapy/Twist Rope Ghost/Craft Room



Sponsored by:



Join us for **Friday Fun Crafts**

Every Friday
10:00am - 11:30am
Senior Enrichment Center's
Craft Room

September's Schedule

9/4 Woodland Mushroom Canvas
9/11 Fall into Buttons Wreath
9/18 Rustic Bird House
9/25 Crinkled Paper Pumpkin



BULLHEAD CITY'S SEPTEMBER EVENTS!

Optimum Community Center

2380 Optimum Way, Bullhead City

9/4 Puurrfect Match/Fun Friday/Age:2-14/10:30am-12:30pm*

9/11 The Great Dino Discovery/Fun Friday/Age:2-14/10:30am-12:30pm*

9/12 Bootiful Creations/Adult Craft Class /Age:18+/10:30am-12:30pm*

9/14 Dungeons and Dragons /All Ages/6pm-9pm

9/18 Sails & Smiles Pirates/Fun Friday/Age: 2-14/10:30am-12:30pm*

9/25 The Great Outdoors Bash/Fun Friday/Age:2-14/10:30am-12:30pm*

9/28 Dungeons and Dragons/All Ages/6pm-9pm

9/29 Chair Yoga/Age:50+/10am-11:30am



Recreation South

2285 Trane Road, Bullhead City

9/2 Let's Talk Art/Painting Watercolor's /18+/10am-1pm

9/14 Staying Alive Dance Workout /Age: 12+/6pm-7pm

9/28 Staying Alive Dance Workout /Age 12+/6pm-7pm

Every Tuesday & Thursday Carol Macke's Aging Backwards Exercise Class/Age:40+/9am-10am

Every Thursday Pass the Trash Game/Age:50+/5:30pm-9pm

Ken Fovargue Park

2255 Trane Road, Bullhead City

9/5 Dive In Movie The Sandlot/All Ages/6pm-9pm/Community Pool

9/7 Labor Day Pool Party/All Ages/10am-4pm/Community Pool

9/11 Horseshoes Tournament/Age:12+/8am-Noon

Senior Enrichment Center

2275 Trane Road, Bullhead City

9/22 Table Tennis/Age:50+/10am-Noon



Chaparral Golf Course

1260 Mohave Drive, Bullhead City

9/4, 9/11, 9/18, & 9/25

Beginner Junior Golf League/Age:7-14/8:30am - 10:30am*



BULLHEAD CITY RECREATION DEPT.
OPTIMUM COMMUNITY CENTER
2380 OPTIMUM WAY, BULLHEAD CITY
(928)763-0158



NATION'S FINEST

VETERAN SERVICES



VETERANS

SUPPORT & REFERRAL PROGRAM



EVERY TUESDAY
STARTING AUGUST 4TH
3:00 PM – 5:00 PM



- ★ Do you need assistance obtaining a copy of your DD214, filling out your paperwork for your veteran benefits, or setting up an appointment with a Veterans Service Officer (VSO)?
- ★ Do you need assistance with VA.Gov or ID.me?

Our program can help connect you with the right resources and support to assist you through the process.



2275 TRANE ROAD
BULLHEAD CITY, AZ



APPOINTMENT NOT NEEDED
BUT RECOMMENDED.



PLEASE CALL
928-201-8046



HAPPY BIRTHDAY

Join us for the Birthday Month Celebration

September 1

Kagle, Shirl
Longmire, Carolyn
Chanin, Donette
Schleger, Beverly
Holcomb, Barbara
Santiago, Beatrice
Way, Bruce
Morton, Debra
Wible, Bryan
Pace, Robert
Altuna, Carmen
Larson, Leslie

September 2

Brown, Eleanor
Saulters, Robert
Hensley, Gaynel
Long, Thomas
Oliverio, Jennilyn
Sumner, Ed

September 3

Christiansen, Cecil
Sampson, Tommy
Adams, Sheryl
Kilpatrick, Elaine
Wittropp, Kim

September 4

Nolan, Gilbert
Fambrough, Ben
Odell, Calvin
Rosecrans, Elaine
Burke, Edmund
Gallagher, John
Athey, Robert
Pidgion, William
Ireland, Margaret
Bolin, Catherine

September 5

Krok, Stanley
Green, Julie
Smidy, Susan
Lee, Madonna
Morgan, Lance
Bejarano, Maria
Aldrich, Kimberly
Brown, Doreas
Sutton, Tina
Ramsey, Maria

September 6

Todd, Sheila
Cota, Tony
Hecker, William
Bower, Maria

September 7

Malizia, Bonnie
Price, David
Devenney, Janice

September 8

Vigil, Estella Marie
Colton, Steven
Roth, Steven
Vigil, Estella
Rambo, Charles
Ligman, Deanna
Lobato, Boualay

September 9

Perez, Espi
DuBray, Gary
Clark, Chong
Woodworth, Jerald
Reyes, Irene
Clark, Tamara
Croft, Lavonda
Ward, Robert
Villareal Domino, Rosa

September 10

Thompson, Patsy
DeFillips-Gonzalez, Donna
Haws, Paul
Rodriguez, Elsie
Chenette, Paul
Erwert, Mary
Balboa, Susan
Goodwin, Maryrose
Langford, Cynthia
Water, Kiayah

September 11

Lynne, Karyn
Thomas, Julia
Higgins, Charlene
Doran, William
Goebel, Lupita
Lamborn, Petunia
Aguirre, Patricia
Shelton, Danetta
Williams, Patricia
Hauser, Tami

September 12

Stearns, Joyce
Regan, Jan
Beria, Rocky
Gempel, John
Ofearna-Vanderhoof, Maureen
Gutierrez, Mario
Aguilar, Rosa
Booth, Teresa
Read, Chris

September 13

Wilson, Anna
Steuben, Carrie
Fonseca-Solis, Maurilia
Peterson, Diane
Fenner, Michael

September 13

Davis, Scott
Weiner, Darcy
Ebel, Linda
Pendarvis, Robert
Szafasz, Sharon
Flores, Dina

September 14

Lillis, Robert
Osorio, Oscar
Schwartz, Ron
Russo, Sonia

September 15

Cool, Norma
Nemer, Joseph
Bastio, John
Willette, John
Sanderfer, Penny
Grochowski, Linda
Helms, Roberta
Orton, Kathleen
Swords, Annie

September 16

LaFontaine, Bobby
Slaminko, Frances
Connors, Patricia
Thompson, Diane
Haro, Caroline
Sullivan, Lisa
Lamirault, Betty
Dezotell, Brenda
Olsen, Taryn
Carter, Kimberly
Mingus, Regina

Currently Seeking A Sponsor



September 17

Kyle, Linda
Grasty, Everett
Obrien, Grace
Garceau, Jacquelin
Quersin, Carole
Casillas, Teresa
Eckart, James

September 18

Kruger, Donna
Pollard, Melody
McClanahan, Judy
Geer, Karen
Russell, Kevin
O'Guinn, Mary
Armijo, Deborah
Contes, Theodore

September 19

Barrios, Leo
Bates, Michael
Shapiro, Daniel
Slaminko, Edward
Flores, Alex
Mochon, Candace
Kohler, Raymond
Gunnette, Lorraine
Cool, KC
Formosa, Rhonda
Nixon, Edwin

September 20

Archer, John
Creasey, John
Ebel, Coral
Joiner, Phyllis
Pearson, Sharon
September 21
Stevens, Jim
Cazares, Renee
Jensen, Gerald
Carlin, Michael
Hindman, Ruby
Holden, Troy
White, Brenda
Reynolds, Tammi

September 22

Lagueux, Doris
Wilson, Judith
Trigalet, Judith
Duffy, Peggy
Lawhorn, Linda

September 23

Bates, Lynda
Stubbs, Jack
Survillas, Barbara
Deam, Johnnie
McFarland, Judy
Ancell, George

September 24

Thomas, Cowell
Guerrero, Fred
Kachelmier, Dennis
Marinussen, Leonie
Farrington, Thomas
Garcia, Mercy

September 25

Pendarvis, Robert
Huyck, Sylvia
Vandeville, Sandy
Bradley, Richard
Hess, Linda
Imperial, Dan
Ahle, Nelia
Belling, Dan
Vallon, Chance

September 26

Nino, Evangline
Woodworth, Nathan
Brunner, Janie
Hart, Linda
Stemke, Robert
Aguilar, Ramon
Ramsey, Jacqueline
Smith, Jeanne
Luperena, Edgar
Gandee, Maureen
Escalante, Richard
Grummett, Dana

September 27

Horn, Nancy
Owens, Marilyn
Gauthier, Paul
Jersets, Joan
Sperl, Pamela
Rosewicz, Lissa
Nakamura, Daryl
Hogle-Bratton, Judith
Perry, Patrick
Smith, Crystal

September 28

Hershey, Pat
Rodriguez, Martin
Eaton, Wendy
Ward, Clint
Hamilton, Michael
Imperial, Ramon
Minnicks, Shellie
Withrow, Ronnie

September 29

Ridgely, Bruce
Laster, Judy
Stark, Harlan
Johnson, David
Dirreen, Brian
Burton, Dennis
Labarre, Gloria

September 30

Wagner, Lori
Warehime, Bobbie
Lee, James
Judd, Arlene
Hansen, Debrah



**The Birthday Month Celebration is for all
Seniors 50+ at Senior Enrichment Center located at
2275 Trane Road, Bullhead City**

Tue, September 15 starting at 12:30

Falls PREVENTION

*Stay Active. Stay Independent.
Stay Safe.*



Join us for an informative and engaging event focused on reducing fall risks and promoting a safer, healthier life.

Learn About:



Safe
Movement



Home Safety
Tips



Balance
& Strength



Fall Risk
Reduction



**TUESDAY,
SEPTEMBER 15, 2026**
10:00 AM – 12:00 PM



**BULLHEAD SENIOR
ENRICHMENT CENTER**
2275 Trane
Bullhead City, AZ 86442



WACOG

Western Arizona Council of Governments

Over **50** Years

Strengthening Communities. Empowering People.

*Small Steps Today,
Safer Tomorrow.*





JOIN US FOR THE
3RD ANNUAL
Oktoberfest!

GOOD FOOD  GREAT MUSIC  GOOD COMPANY

PROUDLY SPONSORED BY
TWN
Communications

FRIDAY, OCTOBER 2ND
11:30 A.M. – 2:00 P.M.

*Celebrate the spirit of Oktoberfest
with friends and neighbors!*

ENJOY!

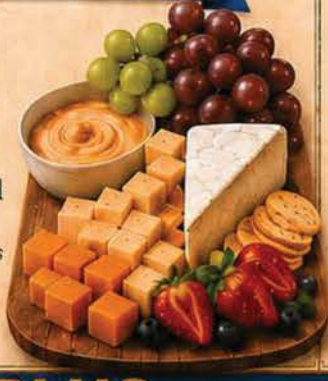
 **DELICIOUS GERMAN
FOOD & APPETIZERS**

 **LIVE MUSIC
SACRED MIRRORS
BAND**



OKTOBERFEST APPETIZERS!

-  Soft Pretzel Bites
with Beer Cheese Dip
-  Mini Bratwurst Bites
with Mustard
-  Cheese & Fruit Board
with Assorted Cheeses,
Grapes, Berries & Crackers
-  And Sweet Treats!



MOCKTAIL BEER!

Enjoy a refreshing
mocktail beer—
crafted to taste
just like the
real thing!



**50 PLUS
SENIORS WELCOME**
SENIOR ENRICHMENT CENTER
2275 Trane Rd
Bullhead City, AZ
928-763-0193

**GOOD FOOD.
GREAT MUSIC.
GOOD COMPANY.**



24-7 In-Home Care For Seniors Compassionate Care Giving

We serve Bullhead City, Laughlin, Kingman and surrounding areas. Some of our services include personal care, meal prep, light housekeeping, dementia care, to end of life care.

With 25 years of caregiving experience, we know that your loved one will be in great hands with "Wings Of An Angel".

Get 10% off First Month's Service When You Mention This Ad!



WINGS OF AN ANGEL
IN-HOME CARE

2020 Silver Creek Rd. Suite C-104 Bullhead City, AZ 86442
Email: Khollar@wingsofanangelhomecare.com Website: wingsofanangelhomecare.com

Call Us Today For A FREE
In-Home Assessment for
Your Loved One
928-404-2480



Breakfast

8:30 a.m. to 10:30 a.m.

Your choice of:

Beverage Only:

Coffee, Tea or Juice only

\$1 per person or

Continental Breakfast &

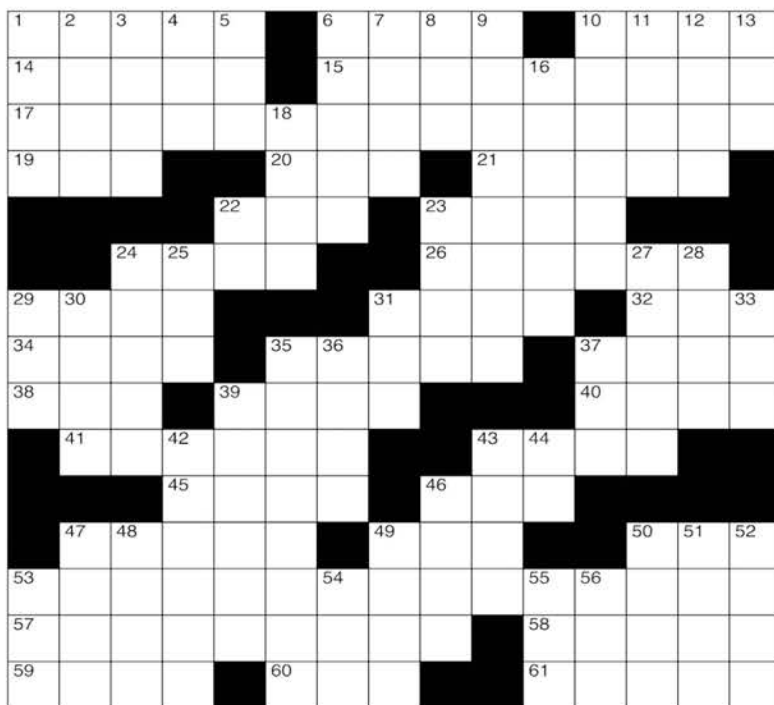
Beverage Only \$3 per person

All food must be eaten in the building. No food is allowed to be taken outside the Senior Enrichment Center building.

Drink refills are free.

Senior Enrichment Center, 2275 Trane Rd. Bullhead City, Arizona

CROSSWORD



1. Swedish rock group
2. "Friday Night Lights" director Peter
3. Currency exchange fee
4. Feline
5. Folk singer DiFranco
6. Ghastly pale from distress
7. Rapid eye movements
8. Monetary unit of Macao
9. Lawmakers
10. Colorless mineral
11. At some prior time
12. American protest singer
13. Opener
16. Seldom
18. Relaxing places
22. Touchdown
23. From end to end
24. Kids love him
25. Metal-bearing solid
27. Skin care product manufacturer
28. Thirteen
29. Angry
30. Member of a Semitic people
31. One-thousandth of an inch
33. Former CIA
35. Most lemony
36. Engage in
37. Mass of fish eggs
39. Food supplies
42. Backbones
43. American real estate investment firm
44. Megabyte
46. "Three Coins in the Fountain" songwriter
47. Dutch colonist
48. Full-grown pike fish
49. Emergency prep expert Edwards
50. Flute
51. Dismissive sound
52. Slang term for marijuana
53. Young women's association
54. Cosmopolitan city
55. Narrow isthmus in Thailand
56. Pointed end of a pen

CLUES ACROSS

1. Manila hemp plant
6. Turkish river
10. Something to read
14. In a way, initiated
15. Popular Apple TV series
17. King Charles is part of it
19. Earlier
20. Foot (Latin)
21. Zodiac sign
22. A browning of the skin
23. Remain as is
24. Turfs
26. It's used to slaughter animals
29. Volcanic crater
31. The mother of Jesus
32. One's life story
34. One-time Liverpool coach Slot
35. Counterparts
37. Jacob __, American journalist
38. Digital audiotape
39. River in South Africa
40. Kimono sashes
41. Rooting somewhere
43. American spy Aldrich
45. A way to call for
46. Taxi
47. Pancakes made of buckwheat flour
49. Swiss river
50. Popular type of video game (abbr.)
53. Have surgery
57. Formal withdrawal from a union
58. Performs spoken improv
59. Greek war god
60. 2,000 lbs.
61. Helps to evade capture



GRAB BAG BINGO

WED. SEPT 9
10AM-11AM
SENIOR ENRICHMENT CENTER
2275 TRANE RD BULLHEAD CITY

SPONSORED BY



The graphic features a vibrant purple background with a pattern of white stars and dots. On the right side, there is a large yellow wireframe sphere filled with colorful bingo balls in red, green, blue, and yellow. Surrounding the sphere are several bingo cards and individual bingo balls with numbers. One card is blue with the word 'BINGO' at the top, and another is pink. Individual balls with numbers like 38, 54, and 3 are also visible. The overall theme is festive and celebratory.

FREEDOM TO Thrive



A photograph of a diverse group of people, including seniors and younger adults, sitting around a long wooden table outdoors at night. They are all smiling and clinking glasses of wine or beer in a toast. The table is set with plates of food, including what looks like steak and vegetables, and several lit candles. The background shows trees and some outdoor lighting.

Honoring 250 Years of the American Promise:
Independence, Choice and Belonging

Patriotic holidays remind us of core American ideals: independence, opportunity, community, and dignity. At **Davis Place**, these values guide daily life. Residents enjoy choices in dining, activities, and personal expression while finding connection through learning, creativity, and shared experiences.

As the nation celebrates 250 years of independence, we honor the freedoms that continue to inspire our senior living community.

UNLOCK SAVINGS NOW!*

Experience Daily Life Shaped by Independence, Choice, and Belonging. **Schedule a Personalized Tour Today!**

DAVIS PLACE™

An Integral Senior Living Community

928.433.4076

DavisPlaceSeniorLiving.com

2943 Desert Sky Boulevard, Bullhead City, AZ 86442
Assisted Living

*Savings for new residents only. Speak to the community's Director of Sales for more details. ©2026 Integral Senior Living Management, LLC. All Rights Reserved. Prices, plans and programs are subject to change or withdrawal without notice. Void where prohibited by law. Managed by Integral Senior Living Management, LLC. License #AL9756C. DVPL-0020 06/26



ALL THE ANSWERS YOU SEEK...

3	5	7	6	1	9	8	2	4
1	9	8	5	2	4	3	7	6
4	2	6	8	7	3	5	9	1
7	4	5	9	3	6	1	8	2
6	3	1	2	5	8	7	4	9
2	8	9	7	4	1	6	3	5
9	1	2	3	6	7	4	5	8
5	7	4	1	8	2	9	6	3
8	6	3	4	9	5	2	1	7

4	6	9	3	5	8	2	7	1
5	3	2	1	6	7	8	4	9
1	7	8	2	4	9	5	6	3
6	9	7	4	2	3	1	8	5
3	8	5	9	7	1	6	2	4
2	1	4	5	8	6	3	9	7
8	5	1	6	9	4	7	3	2
9	2	6	7	3	5	4	1	8
7	4	3	8	1	2	9	5	6

A	B	A	C	A		A	R	A	S		B	O	O	K
B	E	G	A	N		S	E	V	E	R	A	N	C	E
B	R	I	T	I	S	H	M	O	N	A	R	C	H	Y
A	G	O			P	E	S		A	R	I	E	S	
				T	A	N		S	T	E	T			
		S	O	D	S			P	O	L	E	A	X	
M	A	A	R				M	A	R	Y		B	I	O
A	R	N	E		T	W	I	N	S		R	I	I	S
D	A	T		V	A	A	L				O	B	I	S
	B	A	S	I	N	G			A	M	E	S		
			P	A	G	E		C	A	B				
	B	L	I	N	I		A	A	R			F	P	S
G	O	U	N	D	E	R	T	H	E	K	N	I	F	E
S	E	C	E	S	S	I	O	N		R	I	F	F	S
A	R	E	S		T	O	N			A	B	E	T	S



M	H	R	F	D	I	V	K	K	G	N	K	L	Z	M	R	F	K	Z	A
K	F	H	T	N	A	R	B	I	V	T	S	K	H	E	U	W	I	D	A
W	K	D	N	C	I	N	N	A	M	O	N	K	T	Z	Y	V	R	I	S
P	T	I	H	I	K	S	Y	G	W	C	Q	A	R	Z	R	L	E	Q	G
X	S	W	E	U	K	T	E	E	Y	Q	E	S	O	Q	F	K	X	W	T
T	S	E	D	D	N	S	P	A	M	T	W	C	C	U	Y	W	L	S	H
S	V	Q	I	O	I	L	M	T	S	H	G	F	L	A	N	N	E	L	L
L	R	M	R	M	W	G	E	U	T	M	G	G	N	V	W	M	Y	L	G
E	A	F	Y	H	G	Q	K	N	P	Q	R	N	O	E	D	G	F	P	A
Z	H	S	A	M	U	F	B	I	O	S	X	N	X	G	M	F	Z	H	B
X	P	Y	H	I	T	A	C	O	R	N	V	W	N	A	I	S	U	A	Q
K	A	C	N	X	L	W	Q	X	T	Y	V	C	H	I	L	L	Y	U	C
O	R	O	E	E	B	Y	I	Q	S	A	H	B	G	L	H	K	Z	T	A
M	X	T	A	R	A	O	K	L	L	C	P	I	N	O	Y	Y	U	U	D
R	E	V	M	L	I	Q	C	G	I	H	A	E	N	F	N	E	V	M	E
P	E	Z	B	Y	A	F	F	B	F	G	D	R	S	O	N	V	K	N	K
S	Z	R	E	P	X	A	N	Z	G	L	H	Z	L	M	N	Q	X	Z	B
I	S	A	R	E	P	E	O	O	O	U	T	T	B	E	P	Z	Q	K	C
R	Q	W	U	Z	R	Y	M	G	B	W	W	Y	H	U	T	Q	Z	T	T
C	K	Z	M	I	Y	B	F	R	R	A	S	L	C	I	D	E	R	W	L

Senior Summit & Pumpkin Patch



Date
Saturday
October 17

Time
9:00 am to
2:00 pm

Location
2275 Trane Rd.
Bullhead City

**Bullhead City Senior Enrichment Center is partnering with
Bullhead Community Garden to host a
Fall Senior Summit & Community Pumpkin Patch!**

Fun for the entire family!

- Pumpkin Patch - *Buy a pumpkin!*
- Resources
- Raffles
- Services
- Vendors
- Food Trucks
- Arts & Crafts Vendors
- Games & Activities
- Live Entertainment
- **& More!**

**SPONSOR &
VENDOR BOOTHS
AVAILABLE**

CONTACT
SHAUNA CATES
SCATES@BULLHEADCITYAZ.GOV
928-763-9400 EXT. 8358



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YOU BY**

