



**Parks
Make
Life
Better!**

October



Monday

Tuesday

Wednesday

Thursday

Friday



Spirit Week Oct 26th-Oct 30th

Monday- Spooky Games/ Pajama Day

Tuesday- Crazy hair/Hat day

Wednesday- Halloween Craft

Thursday-Wear Orange and Black

Friday-Halloween Dress up

1 9-10 Coffee/News
10:30 - 11:30- BINGO
12 -12:30 Beading
Center Closed @ 1pm

2 9-10 Coffee/News
10:30-11:30- Card game
12:00- 1:45- Afternoon
Movie & Popcorn

5 9-10- Coffee/News
9:30-10:00 Brain
Teasers
10-12- Karaoke
12:00- 2- Social Hour

6 9 -10 Coffee/News
10-10:30 Trivia
10:30 -11:30- BINGO
12:30-1:30 Social Hour

7 9 -10 Coffee/News
10:30 - 11:00-Weights
10-11:00-Tech Class
12:00-12:30- Gardening

8 9-10 Coffee/News
10:30 - 11:30 BINGO
12 -2- Fall Craft
9-1:00pm- Day Trip-
Fresno Thrifting

9 9-10 Coffee/News
10:30-11:30- Dominoes
12:00- 1:45- Afternoon Movie &
Popcorn

Dinner Dance

12

CLOSED

13 9 -10 Coffee/News
10-10:30 Trivia
10:30 -11:30- BINGO
12:30-1:30 Social Hour

14 9 -10 Coffee/News
10:30 - 11:00-Weights
10-11:00-Tech Class
12:00-12:30- Beauty
Salon

15 9-10 Coffee/News
10:00 - 11:30 BINGO
12 -2- Decorate Tote
Bags
9-1:00pm- Day Trip-
Simonian Farms

16 9-10 Coffee/News
10:30-11:30- Card
games
12:00- 1:45- Afternoon
Movie & Popcorn

19 9-10- Coffee/News
9:30-10:00 Brain
Teasers
10-12- Karaoke
12:00- 1:45- Color
Therapy

20 9 -10 Coffee/News
10-10:30 Trivia
10:30 -11:30- BINGO
12:30-1:30 Social Hour

21 9 -10 Coffee/News
10:30 - 11:00-Weights
10-11:00-Tech Class
12:00-12:30- Book Club

22 9-10 Coffee/News
10:00 - 11:30 BINGO
12 -2- Card Games
9-1:00pm- Day Trip-
Japanese Gardens

23 9-10 Coffee/News
10:30-11:30- Dominoes
12:00- 1:45- Afternoon
Movie & Popcorn

26 9-10- Coffee/News
9:30-10:00 Brain Teasers
10-12- Karaoke
12:00- 1:45- Color Therapy
Birthday Celebration

27 9 -10 Coffee/News
10-10:30 Trivia
10:30 -11:30- BINGO
12:30-1:30 Social Hour

28 9 -10 Coffee/News
10:30 - 11:00-Weights
10-11:00-Tech Class
12:00-12:30- Beauty
Salon

29 9-10 Coffee/News
10:30 - 11:30- BINGO
12 -2- Halloween Movie

30 Halloween Potluck
&
Karaoke

Walking Class

Mondays

9:30-10am

Weight Training

Wednesday

10:30-11 AM

Tech Class

M & W @ 10-11 am

Dinner Dance at FAB

Will return October 9, 2026

Monthly Potluck At PAN-AM

Join us for our Monthly
Potluck on Fri. Oct. 30th
@ 11:15am

RSVP with Staff

LUNCH IS SERVED

M-F @ 11:30 a.m.

*Participants must be at
least

60 years old and must
reserve lunch by 10:30 a.m.
day prior.

**All programming and Day
trips are subject to change**