November

Monday	Tuesday	Wednesday	Thursday	Friday
2 9-10 Coffee & News 9-10 Bailoterapia (Gym) 10:15 -10:45- Drop In Art 11:30-1 Pickleball 12-1:00 BINGO	3 9 -10 Coffee & News 9:15 -10:15 Walking Class (Gym) 10:15-10:45 Chair Yoga 10-1 Pickleball 11 - 11:45 Tech Class	4 9 -10 Coffee & News 9-10 Bailoterapia (Gym) 10:30-11 Weight Training 12:00-1:00- BINGO	5 9 -10 Coffee & News 10:30-11 Weight Training 10-1 Pickleball 12:15-1:45 Afternoon Movie 9-1:00-Day Trip-Chaffee Zoo	6 9 -10 Coffee & News 9-10 Bailoterapia 10:30-1:45 Karaoke
9 9-10 Coffee & News 9-10 Bailoterapia (Gym) 10:15 -10:45- Fall Food Craft 11:30-1 Pickleball 12-1:00 BINGO	10 9 -10 Coffee & News 9:15 -10:15 Walking Class (Gym) 10:15-10:45 Chair Yoga 10-1 Pickleball 11 - 11:45 Tech Class	11 Closed	12 9 -10 Coffee & News 10:30-11 Weight Training 10-1 Pickleball 12:15-1:45 Afternoon Movie	13 9 -10 Coffee & News 9-10 Bailoterapia 10:30-1:45 Karaoke Dinner Dance 5-8pm
16 9-10 Coffee & News 9-10 Bailoterapia (Gym) 10:15 -10:45- Drop In Art 11:30-1 Pickleball 12-1:00 BINGO	17 9 -10 Coffee & News 9:15 -10:15 Walking Class (Gym) 10:15-10:45 Chair Yoga 10-1 Pickleball 11 - 11:45 Tech Class	18 9 -10 Coffee & News 9-10 Bailoterapia (Gym) 10:30-11 Weight Training 12:00-1:00- BINGO	19 9 -10 Coffee & News 10:30-11 Weight Training 10-1 Pickleball 12:15-1:45 Afternoon Movie 9-1:00-Day Trip-Simonian Farms	20 Thanksgiving Potluck & Karaoke
23 9-10 Coffee & News 9-10 Bailoterapia (Gym) 10:15 -10:45- Fall Wreath 11:30-1 Pickleball 12-1:00 BINGO	24 9 -10 Coffee & News 9:15 -10:15 Walking Class (Gym) 10:15-10:45 Chair Yoga 10-1 Pickleball 11 - 11:45 Tech Class	25 9 -10 Coffee & News 9-10 Bailoterapia (Gym) 10:30-11 Weight Training 12:00-1:00- BINGO	26 Happy Thanksgiving	27 Closed
30 9-10 Coffee & News 9-10 Bailoterapia (Gym) 10:15 -10:45- Drop In Art 11:30-1 Pickleball 12-1:00 BINGO				

Pan-American Community Center
703 Sherwood Way - Madera, CA
Monday-Friday 9 am - 2pm
(559) 675-2095

Bailoterapia
M, W, & F
9 -10 am

Walking Class
Tuesdays & Fridays
9:15-10:15 AM

Pickleball
M, T & Th
10 a.m. - 1 p.m.

Chair Yoga
Tuesdays
10:15-10:45 AM

Weight Training
W & TH
10:30-11 AM

Dinner Dance at FAB
Friday November 13th
5:00pm-8:00pm

Monthly Potluck at Pan-AM
Join us for our Monthly Potluck on Friday November 20th
@ 11:15am
RSVP with Staff

LUNCH IS SERVED
M-F @ 11:30 AM
*Participants must be at least 60 years old and must reserve lunch by 10:30 a.m. the day prior

All programming and Day trips are subject to change