



Pan-American Community Center
703 Sherwood Way - Madera, CA
Monday-Friday 9 am - 2pm
(559) 675-2095

Monday	Tuesday	Wednesday	Thursday	Friday
	1 9 -10 Coffee & News 9:15 -10:15 Walking Class (Gym) 10:15-10:45 Chair Yoga 10-1 Pickleball 11 - 11:45 Tech Class	2 9 -10 Coffee & News 9-10 Bailoterapia (Gym) 10:30-11 Weight Training 12:00-1:00- BINGO	3 9 -10 Coffee & News 10:30-11 Weight Training 10-1 Pickleball 12:15-1:45 Afternoon Movie	4 9 -10 Coffee & News 9-10 Bailoterapia 10:30-1:30 Karaoke
7 CLOSED LABOR DAY	8 9 -10 Coffee & News 9:15 -10:15 Walking Class (Gym) 10:15-10:45 Chair Yoga 10-1 Pickleball 11 - 11:45 Tech Class	9 9 -10 Coffee & News 9-10 Bailoterapia (Gym) 10:30-11 Weight Training 12:00-1:00- BINGO	10 9 -10 Coffee & News 10:30-11 Weight Training 10-1 Pickleball 12:15-1:45- Memory Wall Craft 9-1:00-Day Trip- Kerman Wal-Mart	9 -10 Coffee & News 9-10 Bailoterapia 10:30-1:30 Karaoke <i>Dinner Dance and Movie</i>
14 9-10 Coffee & News 9-10 Bailoterapia (Gym) 10:15 -11:15- Drumming to the Beat 11:30-1 Pickleball 12-1:00 BINGO	15 9 -10 Coffee & News 9:15 -10:15 Walking Class (Gym) 10:15-10:45 Chair Yoga 10-1 Pickleball 11 - 11:45 Tech Class	16 9 -10 Coffee & News 9-10 Bailoterapia (Gym) 10:30-11 Weight Training 12:00-1:00- BINGO	17 9 -10 Coffee & News 10:30-11 Weight Training 10-1 Pickleball 12:15-1:45 Afternoon Movie 9-1:00-Day Trip-Madera Thrifting	18 9 -10 Coffee & News 9-10 Bailoterapia 10:30-1:30 Karaoke
21 9-10 Coffee & News 9-10 Bailoterapia (Gym) 10:15 -11:15- Garden Hour 11:30-1 Pickleball 12-1:00 BINGO	22 9 -10 Coffee & News 9:15 -10:15 Walking Class (Gym) 10:15-10:45 Chair Yoga 10-1 Pickleball 11 - 11:45 Tech Class 10:00am CCLS Presentation	23 9 -10 Coffee & News 9-10 Bailoterapia (Gym) 10:30-11 Weight Training 12:00-1:00- BINGO	24 9 -10 Coffee & News 10:30-11 Weight Training 10-1 Pickleball 12:15-1:45 Afternoon Movie 9-1:00-Day Trip-	25 POTLUCK AND KARAOKE
28 9-10 Coffee & News 9-10 Bailoterapia (Gym) 10:15-11:15-Garden rock painting 11:30-1 Pickleball 12-1:00 BINGO	29 9 -10 Coffee & News 9:15 -10:15 Walking Class (Gym) 10:15-10:45 Chair Yoga 10-1 Pickleball 11 - 11:45 Tech Class	30 9 -10 Coffee & News 9-10 Bailoterapia (Gym) 10:30-11 Weight Training 12:00-1:00- BINGO		

Bailoterapia
M, W, & F
9 -10 am

Walking Class
Tuesdays & Fridays
9:15-10:15 AM

Pickleball
M, T & Th
10 a.m. - 1 p.m.

Chair Yoga
Tuesdays
10:15-10:45 AM

Weight Training
W & TH
10:30-11 AM

Dinner Dance at FAB
Fri. September 11th
\$3.00 per person
5:00pm-8:00pm

Monthly Potluck at Pan-AM
Join us for our Monthly Potluck on
Fri. September 25th @ 11:15am
RSVP with Staff

LUNCH IS SERVED
M-F @ 11:30 AM
***Participants must be at least 60 years old and must reserve lunch by 10:30 a.m. the day prior**

All programming and Day trips are subject to change